



# The Global Disease Biology Guide

to

## Pre-Professional School

*A resource guide created by GDB  
Students for GDB students interested  
in Graduate School, Vet School, Dental  
School, Medical School, & Law School*



Hello GDBers! Are you considering professional school but unsure where to begin? You're in luck! This guide is an excellent starting point for those aiming to apply to vet school, med school, dental school, law school, or graduate school. It features resources to navigate applications, test preparation, and student organizations for professional development. Whether you're looking for tips on writing personal statements, finding scholarships, or connecting with peers in your field, this guide has you covered. While not exhaustive, it provides a solid foundation to kickstart your journey into the professional school of your choice. Happy reading!

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# Pre-Med Resources

## Resources For Getting Started

- 1.) [HPA Summer Pre-Med Boot Camp](#) (Offered Summer): Daily pre-med-related workshops featuring HPA advisors and guest speakers. Topics include gaining experiences, letters of recommendation, and GPA recovery.
- 2.) [HPA Virtual Spring Break Road Trip to Medical School](#) (Offered Spring): Virtually visit medical schools across the nation with HPA. This is an opportunity to explore new schools and connect with medical school admissions representatives.

## Test Prep Resources

- 1.) [MCAT Test Prep Scholarship Program](#) (Offered Spring): The California Wellness Foundation offers scholarships for a Medical College Admission Test (MCAT) preparatory course. You can apply starting April 24 on the UC Davis School of Medicine web page.
- 2.) [HPA Summer MCAT Test Prep](#) (Offered Fall & Winter): A twelve-session hybrid workshop program targeting students taking the MCAT in September or January. Note: This program focuses on exam strategies rather than specific science content.
- 3.) [FREE MCAT Mock Exam](#) (Offered Spring)

## Personal Statement Resources

- 1.) [UWP 104F Writing in Health Professions](#): If you are looking for a course to help you get started on your personal statement, consider taking UWP 104F. This class provides an introduction to different types of writing in the sciences, and by the end, you will have a first draft of your personal statement completed.
- 2.) [HPA Drop In Advising](#): Looking for feedback or just don't know where to get started? HPA drop-in advising appointments can connect you with an HPA advisor to go over your personal statement—sometimes even faster than scheduling an appointment.
- 3.) [AATC Writing Center](#): A great resource for feedback on your writing/personal statement

4.) [GDB Peer Advisors](#): If you are looking for another set of eyes to review your personal statement, stop by GDB peer advising. We would be more than happy to read your statement and provide feedback.

## Relevant Clubs & Student Organizations

### 1.) Student Run Clinics:

- **Paul Hom Asian Clinic:** For the Asian and Pacific Islander community, the Paul Hom clinic provides primary and acute care services. Founded in 1972, it is the oldest Asian health clinic in the United States. More than 50 medical and undergraduate students and more than 40 physicians volunteer at this clinic on an annual basis.
- **Clinica Tepati:** Clinica Tepati began in 1974, with a focus on serving downtown Sacramento's underserved and undocumented Latino population. Operating out of space provided by WellSpace Health, Clinica Tepati's Spanish interpretation services enable volunteers to communicate effectively, and provide culturally-sensitive care to more than 1,000 patients each year. Our clinic also provides diabetes education, exercise programs, and legal and specialty services for our patient populations.
- **Imani Clinic:** Imani is a Swahili word meaning faith and it symbolizes the hope students wish to foster within the African-American community. The clinic was established in the Oak Park neighborhood of Sacramento in 1994 after students became concerned about the staggering and persistent morbidity and mortality rates among African-Americans from hypertension, heart disease, cancer and inadequate prenatal care.
- **Shifa Clinic:** Shifa Clinic strives to understand, serve, and promote the health and wellness needs of a multilingual, ethnically diverse community. Adjacent to a mosque in downtown Sacramento, the clinic primarily serves patients from the South Asian and Muslim communities. It provides interpretive services and hosts specialty clinics such as dermatology, cardiology and women's health.
- **Joan Viteri Memorial Clinic:** The Joan Viteri Memorial Clinic is equipped with specific resources to treat individuals who use intravenous drugs, individuals who work in the sex trade, members of the LGBTQ community, and uninsured members of the Oak Park community while treating all patients with dignity and respect. The clinic works closely with Harm Reduction Services to provide acute and chronic care, emphasizing prevention and education about infectious diseases and HIV testing, and to provide drug-related medical and social referrals.
- **Bayanihan Clinic:** The mission of Bayanihan Clinic is provide primary care and preventative health services to the diverse, underserved communities of the greater Sacramento area, including Filipino veterans and immigrants.
- **Willow Clinic:** The Willow Clinic provides free care to all people, including those with housing instability, in the greater Sacramento area, providing primary care services alongside specialized services tailored to better meet the needs of unhoused individuals, including gynecology, dental, behavioral health, diabetes support, ophthalmology, and smoking cessation.

- **RIVER Clinic:** RIVER is a pediatric clinic providing free primary care and mental health services to the underserved population in Sacramento. Bringing care directly to communities in need with school-based clinics will close a major gap in the care network of these children. RIVER will address acute illness and injury, chronic illness monitoring and health supervision, and will provide screening for Adverse Childhood Experiences.
- **Nadezhda Clinic:** Sacramento region is a home to one of the largest Russian-speaking communities in the U.S. As a newly established student-run clinic at UC Davis, Nadezhda Clinic strives to provide free healthcare to underserved Russian-speaking population. We provide interpretative services, focusing on culturally sensitive primary care and working on establishing specialty clinics.
- **Knights Landing Clinic:** Knights Landing Clinic aims to provide linguistically competent and culturally sensitive healthcare services to the rural underserved in the Knights Landing area. The clinic seeks to fill the gap in primary care services and health education, with particular emphasis on women, adolescents, and farmworkers

2.) **UC Davis Pre-Med American Medical Student Association:** UCD Pre-med AMSA seeks to expose pre-medical students to the field of medicine by providing them with different opportunities in which they can learn what it is that makes them passionate

3.) **Pre-Med Student Osteopathic Medical Association:** Pre-med SOMA seeks to promote osteopathy and inform the public about osteopathic medical education as well as to increase the number of applicants to osteopathic medical schools and prepare students for success as osteopathic physicians.

## Pre- Vet Resources

### Resources For Getting Started

- 1.) [HPA Summer Pre-Vet Boot Camp](#)(Offered Summer): Join Health Professions Advising for the one-week-long annual Summer Pre-Vet Bootcamp. This event features HPA advisors and guest speakers, with presentations and workshops on relevant topics including gaining experiences, letters of recommendation, and GPA recovery.
- 2.) [Pre-Vet Symposium](#)(Offered Winter): During the symposium, faculty will review the process and steps needed to be a successful pre-vet student at UC Davis. Topics will include what vet schools look for in applicants, prerequisites, and more.
- 3.) [Vet School Applicant Retreat](#)(Offerd Spring): All students planning to apply to vet school in the summer are invited to the Applicant Retreat to go over the VMCAS application process.

## Test Prep Resources

- 1.) [HPA Summer GRE Prep](#): A series of five Zoom workshops will help you understand how to identify what each question on the GRE expects you to do and which part of each skill set you will need to apply to successfully answer that question.
- 2.) [Discounted GRE prep courses through the graduate school of management](#): Receive a discount on GMAT prep tools and get reimbursed when you enroll with the Princeton Review, Manhattan Prep, and Dominate Test Prep.

## Personal Statement Resources

- 1.) [UWP 104F Writing in Health Professions](#): If you are looking for a course to help you get started on your personal statement, consider taking UWP 104F. This class provides an introduction to different types of writing in the sciences, and by the end, you will have a first draft of your personal statement completed.
- 2.) [HPA Drop In Advising](#): Looking for feedback or just don't know where to get started? HPA drop-in advising appointments can connect you with an HPA advisor to go over your personal statement—sometimes even faster than scheduling an appointment.
- 3.) [AATC Writing Center](#): A great resource for feedback on your writing/personal statement
- 4.) [GDB Peer Advisors](#): If you are looking for another set of eyes to review your personal statement, stop by GDB peer advising. We would be more than happy to read your statement and provide feedback.

## Relevant Clubs & Student Organizations

- 1.) **Knights Landing One Health Clinic**: The Knights Landing One Health Clinic has provided veterinary care for pets of the communities of Knights Landing and Robbins, California. This once monthly free veterinary clinic is led by students of the UC Davis School of Veterinary Medicine.
- 2.) **The UC Davis Equestrian Center**: The Equestrian Center (EQC) is an on-campus recreation facility that offers horse boarding and riding lessons. Not interested in riding but love horses? Our Guardian Angel program teaches you how to handle, groom and care for your favorite UCD horse.



3.) **Vet Aide Club:** It is the largest pre-vet club on campus and works closely with the UC Davis School of Veterinary Medicine to provide opportunities for students to work alongside a veterinary student mentor, attend veterinary school classes, and obtain internships

5.) **Hearts for Paws at UC Davis:** The UC Davis chapter of Hearts For Paws California helps aid the local non-profit animal rescue "Hearts For Paws" in fundraising and volunteering. The rescue focuses on saving animals from high-kill shelter euthanasia lists and providing temporary foster homes for each and everyone of our rescues. The UCD chapter will focus on raising the funds necessary for these animals to seek medical attention and other necessities through HFP California.

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## Pre- Dental Resources

### Resources For Getting Started

1.) [HPA Summer Pre-Dental Boot Camp](#)(Offered Summer): Learn how to become a competitive applicant for dental school from HPA advisors and health professionals in dentistry.

### Test Prep Resources

1.) [HPA Summer DAT Test Prep\(Offered Summer\)](#): This workshop series will help you tackle the four different sections of the DAT or OAT. The best part is no registration is required.

### Personal Statement Resources

1.) [UWP 104F Writing in Health Professions](#): If you're seeking a course to aid in crafting your personal statement, consider UWP 104F. This class introduces various types of scientific writing, culminating in a completed first draft of your personal statement.

2.) [HPA Drop In Advising](#): Looking for feedback or just don't know where to get started, HPA drop in advising appointments can connect you with an HPA advisor to go over your personal—sometimes its even faster than if you had to schedule an appointment

3.) [AATC Writing Center](#): A great resource for feedback on your writing/personal statement



4.) [GDB Peer Advisors](#): If you are looking for another set of eyes to take a look at you stop by GDB peer advising and we would be more than happy to read your statement and provide feedback.

## Relevant Clubs & Student Organizations

1.) **Davis Pre-Dental Society (PDS)**: PDS is motivated to provide a positive environment for UC Davis students who are interested in dentistry with activities ranging from general meetings with informative presentations, to fun social events like bowling and ice-cream socials.

2.) **Spreading Smiles**: Spreading Smiles is a non-profit organization mostly consisting of UC Davis students who are dedicated to improving the health and thus the quality of life of both local and global communities. The organization's goal is to provide the opportunity for students in the health profession to experience the struggles of people in a third-world country and make a difference in their lives through education and service

3.) **Global Dental Brigades**: Global Medical Brigades is a student-led organization that focuses on empowering under-served communities around the globe with an emphasis on public health. Student volunteers have the opportunity to travel abroad to places such as Panama, Ghana, and Greece to provide assistance through clinics and public health activities in the under-resourced populations.

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## Pre- Law Resources

### Resources For Getting Started

[Pre-Law Advising Services](#): Meet with advisors to support your exploration, preparation for, and application to graduate or professional school through workshops, advising appointments, and special events.

[González Pre-Law Academy \(GPLA\)](#)- The González Pre-Law Academy (GPLA) is designed for underrepresented students with demonstrated financial need who are interested in attending law school and pursuing a career in the legal field. GPLA focuses on exposing students to the legal profession, preparing them for the law school application process, and fostering a supportive professional network within the peer and community.

[Graduate and Law School Fair](#)(Offered Fall)- The Grad and Law School Fair provides students and others with an opportunity to explore graduate and law programs and to directly engage with admissions staff.

## Test Prep Resources

[UC Davis LSAT Center](#): This is a great resource for finding free LSAT prep courses and sample LSATs to practice with.

## Personal Statement Resources

[Writing Program: Personal Statement for Law School](#): If you're applying to law school in the fall and need to write your personal statement but don't know where to start, check out the pre-law writing program. It can provide a helpful framework for crafting your statement.

[AATC Writing Center](#): This is a great resource for feedback on your writing/personal statement.

[GDB Peer Advisors](#): If you're seeking another perspective on your statement, stop by GDB peer advising. We're happy to review your statement and offer feedback.

## Relevant Clubs & Student Organizations

1.) **Davis Pre- Law Society**: DPLS is an all-inclusive pre-law club at UC Davis where students who are interested in the legal field can feel included on campus, develop themselves as students and as people, and find their community with other students.

2.) **Mock Trial at UC Davis**: UC Davis Mock Trial is an undergraduate team consisting of 30 students divided into an A, B, and C team. The team competes in scrimmages across California, Regionals, and more.

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## Pre- Graduate School Resources

### Resources For Getting Started

[McNair Scholars Program](#): The McNair Scholars Program is a federal TRIO program funded across the United States and Puerto Rico by the U.S. Department of Education. It is designed to

prepare undergraduate students for doctoral studies through involvement in research and other scholarly activities.

[UC Leads:](#) UC LEADS is a two-year program tailored for current UC Davis undergraduates who identify as educationally and/or economically disadvantaged, majoring in science, mathematics, or engineering. The program aims to support students who demonstrate promise in succeeding in doctoral degree programs.

[UC Davis Graduate Admissions Pathway:](#) UC Davis Graduate Admissions Pathways (UCDGAP) is an eight-week summer research program designed for California State University undergraduates. It offers the opportunity to conduct research and learn from UC Davis faculty and graduate student mentors. The program aims to help participants pursue graduate degrees and professional training at UC Davis.

## Test Prep Resources

- 1.) [HPA Summer GRE Prep:](#) A series of five Zoom workshops will help you understand how to identify what each question on the GRE expects you to do and which part of each skill set you will need to apply to answer the questions successfully.
- 2.) [Discounted GRE prep courses through the graduate school of management:](#) Receive a discount on GMAT prep tools and get reimbursed upon enrollment with the Princeton Review, Manhattan Prep, and Dominate Test Prep.

## Personal Statement Resources

[Writing Program: Statement of Purpose for Grad School\(Offered Summer\)](#): If you're applying to graduate school in the fall and need to write your statement of purpose but don't know where to start, join us for a remote writing program where you'll begin crafting your statement from scratch. The pre-grad advisor will lead the program and offer a framework to guide your writing.

[AATC Writing Center:](#) A great resource for feedback on your writing/personal statement

[GDB Peer Adviors:](#) If you're seeking another perspective on your statement, stop by GDB peer advising. We're happy to review your statement and offer feedback.